

Year 9 Short Course in BTEC Sport

What the curriculum is designed to do

Year on year, the sport industry shows continued growth in employment and forecasts suggest this trend will continue. The year 9 short course option in Sport is aimed at students who have a passion for sport and physical activity. The course aims to provide students with the key skills required to be successful at KS4 study whilst building them a foundation of knowledge in areas such as: leadership in sport, skill and physical components of fitness, principles and methods of training, rules and regulations.

How we deliver the curriculum

The curriculum is delivered through a blend of theory and practical lessons to provide students with the foundation of knowledge that they can build on when they commence the course in Year 10. Strategically placed theory lessons will introduce students to key concepts and knowledge, where they will then be given the opportunity to apply it to practical contexts. Students will learn through a variety of activities ranging from designing and taking part in fitness programs, extended writing tasks, creation of presentations, formative exam style assessments; all of which equip the students with the skills and techniques required to be a successful learner at KS4. As part of the short course, students will have lots of opportunities to showcase their knowledge around rules and regulations, components of fitness and leadership in sport.

How we assess students

Students will complete at least one summative assessment per half term, and these will be in a variety of formats that range from less formal tasks such as presentations and leaflets to more formal tasks such as small exam style questions and extended writing. The assessments aim to build students confidence, knowledge and writing techniques. They will also be assessed in a practical format looking at skills link to leadership, such as planning, organisation, structure and communication skills.

How it benefits students learning and personal development

This short course will enable students to make more informed choice about their decision to choose BTEC Level 1/2 Tech Award in Sport, as the course will be different to what they have experienced in KS3 core PE. Students will also develop key personal skills such as the ability to reflect on one's own performance, presentation techniques, leadership, communication, planning and practical analysis. They will also develop a deeper understanding and knowledge of wider influencing factors that play a part in sport at all levels.