

TIBSHELF COMMUNITY SCHOOL SAFEGUARDING NEWSLETTER



SPRING 2023

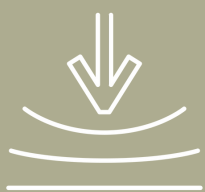
Welcome to our third Safeguarding Briefing of 2022/23

The purpose of our Safeguarding Briefings is to provide you with information about safeguarding issues that may affect your child(ren) and to bring you the latest hints and tips to keep your child(ren) safe.

We are committed to working with all our parents/carers and students, to actively promote the safeguarding and welfare of all our students.

There is lots of information relating to safeguarding on our website should you wish to explore certain safeguarding themes in more detail. I hope you find this briefing informative, if you have any questions, please do not hesitate to get in touch with the Safeguarding Team here at Tibshelf Community School.

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Meet the Safeguarding Team

"Working together to Safeguard Children"

Our School is committed to safeguarding children and promoting children's welfare and expects all staff, governors, and visitors to share this commitment and maintain a vigilant and safe environment.

Everyone has a responsibility to act without delay to protect children by reporting anything that might suggest a child is being abused or neglected. We would expect you to also report to the Headteacher or the Designated Safeguarding Lead any behaviours of adults working in the school that may concern you.



Lucie Wainwright
Headteacher



Andrew Dennis
Safeguarding Governor



Lousie Crowder
Designated
Safeguarding Lead



Joy Riley
Safeguarding and
Intervention Team Manager



Emma Dunn
Safeguarding and
Welfare Manager



Hollie Stanhope
Safeguarding and
Welfare Manager



Eunice Sinfield
Safeguarding and Family
Support Manager



Jo Marshall
Safeguarding and Medical
Welfare Officer

Solvent Abuse

Re-Solv

What is solvent abuse?

Inhalant or solvent abuse is when someone intentionally breathes in or sniffs common toxic substances (chemicals) to get a high. It is also called huffing and bagging. Compared with other kinds of drug abuse, inhalant abuse sometimes affects younger children because the products are commonly legal, cheap and easy to find.

Nitrous oxide (laughing gas) is to be made a criminal offence for the first time, the government has announced plans to clamp down on people being able to buy this for their own uses. It is the second most commonly used drug in England by young adults, and there has been a huge spike in hospital admissions caused by people taking this party drug.

Elevated levels of nitrous oxide can cause damage to the human respiratory tract and increase a person's vulnerability. Long-term exposure to high levels of nitrogen dioxide can cause chronic lung disease.

If you use these substances, or you're worried about someone who does, Re-Solv is the national UK charity that works to support anyone whose life is affected by solvent abuse. That includes adults, young people and families. Please find contact details below.

Phone: 01785 810762.

(They can always call you back to save on phone bills as well).

Phone, text or WhatsApp on
07496 959930.

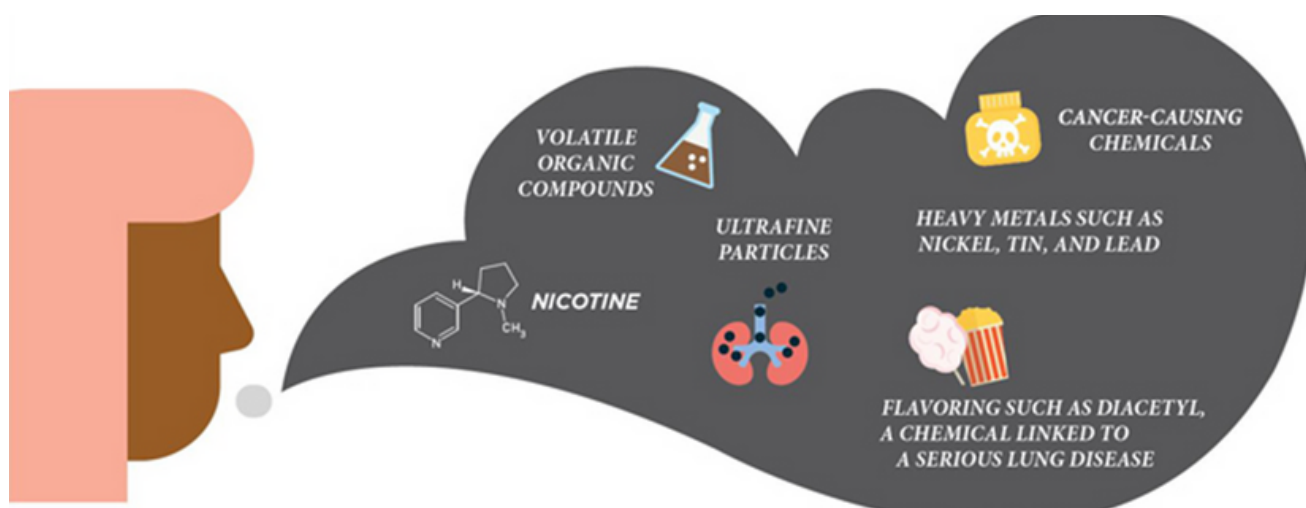
Live chat is also available on the
Re-solve website www.re-solv.org

Email: c4r@re-solv.org

Opening times
Monday – Friday,
10am – 4pm,
(except bank holidays)

Alternatively

Finding help near you
visit talktofrank.com



Vapes

Vapes are becoming increasingly popular with teenagers who are not a current or former smoker. Vapes are usually a small disposable device that can contain the maximum permitted nicotine concentration. They do not give off as strong a smell like cigarettes and therefore it may be harder to detect that someone is using a vape.

Vapes are displayed in many stores, their packaging is often bright, and flavours are sweet in taste and smell which is attractive to young people.

Besides nicotine, vapes can contain potentially harmful ingredients including;

- Heavy metals, such as nickel, tin and lead
- Volatile organic compounds
- Flavourings such as diacetyl, a chemical linked to serious lung disease
- Ultrafine particles that can be inhaled deep into the lungs
- Cancer causing chemicals
- Nicotine

It is difficult for the consumer to be fully aware of what they are being sold. The vape juice may be marketed as zero percent nicotine, however in fact may contain traces.

Defective vapes have been known to cause fires and explosions, which have resulted in people being seriously injured. Adults and young children have been poisoned by swallowing, breathing, or absorbing the vape juice through their skin and eyes.



Negative health effects of vaping

Using vapes has a negative effect on respiratory health, and research shows that young people are twice as likely to suffer from a chronic cough and shortness of breath. Using vapes can also irritate the lung's airways, making asthma attacks more likely. Vaping can reduce the function of the lungs due to gas exchange and tissue inflammation which can lower immunity. Using vapes can also cause headaches, feeling nauseous and in some cases vomiting.

Vapes in school

If a student is found to have a vape in school, it will be confiscated. A phone call home will be made and in some circumstances the police may be contacted and the vape tested to check for other substances.



**VAPES WILL NOT BE
TOLERATED IN SCHOOL**

Food bank

Tibshelf food bank is run by local volunteers and relies on donations and help from others in the community.

The food bank is open every Saturday from 10am – 11am at the Pavilion on Shetland Road.

This is for people who live within Tibshelf or the surrounding areas, you don't need a referral to use this food bank and everyone who needs the service is welcome.

For further information of if you would like to discuss how you can donate, please contact either;

Allison Beckett 07739113148

Lian Kingscott 07808719681



Tibshelf uniform swap shop

It can be expensive for families to buy new school uniform, with the increase cost in living and trying to make your money stretch to meet your family's needs.

The aim of the swap shop is for you to bring along used school uniform and PE kits that still have life in them to the Mission at Boundary Gardens and swap them for other items that you may need.

You are welcome to bring all sizes of school clothing as long as it has no rips, holes or any bad stains. If you don't have any uniform but are still in need, you are welcome to come down and the volunteers will be happy to help you.

The volunteers currently have a lot of infant and primary school uniform but don't have as much secondary uniform as they would like. So please if you can donate, please call either Allison or Lian who will gladly take your donations.

Allison Beckett 07739113148

Lian Kingscott 07808719681

The next event will be during Easter half term on Thursday 13th April 5.30pm till 6.30pm



Holmewood and Heath Healthy Future groups



Holmewood and Heath hold a weekly community pantry on Tuesdays between 3.30pm and 5.30pm at the Holmewood Cricket Club, where you can pay £2.50 for 6 items or £5.00 for 12 items of food.

Everyone is welcome to the community pantry, there is both fresh and frozen food available. This organisation is run by people in the community who rely on donations and people paying these low prices so that they can keep open for those who are in need.

If you want more information or wish to donate, please contact them on 077617903020.

Online Safety

Striving for likes - In a major study by Childrens Commissioner, it was found that children as young as ten years old are reliant on 'Likes' for their sense of self-worth. A major concern around viral challenges is not knowing how far children will go to earn 'Likes'. Couple this growing appetite for acceptance with commonplace peer pressure and the potential problem is compounded.



'FOMO' Fear of missing out - The 'fear of missing out' is a strong emotional characteristic, particularly displayed in young people. The nature of viral challenges encourages children to explore and push boundaries. They tap into FOMO by feeding on a child's natural desire to join in, be accepted and share experiences with their friends and the wider online community. A recent study also found that FOMO is one of the greatest causes of social media addiction.

You can find advice on how to keep young people safe online at www.nspcc.org.uk

Young Carers

Young people with caring responsibilities have all the challenges of being young, with all the responsibilities of being an adult.

Young carers generally look after a person struggling with an illness, a disability, a mental health issue or a drug/alcohol problem. It could be a parent, grandparent, sibling or family friend.

There are many organisations that can help, below is a list of some of the ways they can support families and young carers.

- Listen when things feel tough and offer support
- Talk through responsibilities at home and what could help
- Look up information on how to register as a young carer or where to find support with financial worries
- Help with making phone calls, filling out forms or speaking to professionals
- Support you with relationship worries with friends or family

If you are worried about a young person in this position there are many charities that are here to help (a few listed below).

www.childrenssociety.org.uk

www.carersuk.org

www.barnardos.org.uk

www.sidekick.actionforchildren.org.uk



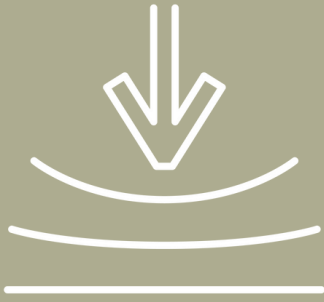


HAPPY
Easter



TIBSHELF COMMUNITY SCHOOL

CHARACTER VALUES



Resilience



Respect



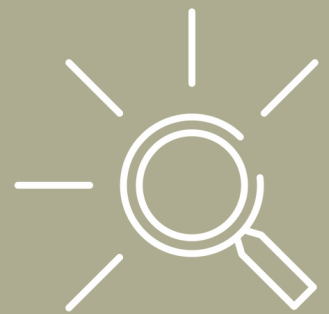
Positivity



Integrity



Community Spirit



Curiosity

